

How to Pray the Rosary

The Rosary is a meditation on the important events in the lives of Jesus and Our Blessed Mother. It is composed of four mysteries: Joyful Mysteries, Sorrowful Mysteries, Luminous Mysteries, and Glorious Mysteries.

To pray the Rosary, make the **Sign of the Cross** and on the Crucifix, say the **Apostles Creed**. On each of the large beads, say the **Our Father**; and on the small beads, say the **Hail Mary**. The **Glory Be** is said after the three Hail Marys at the beginning of the Rosary and after each decade of ten Hail Marys on the small beads. Conclude by saying the **Hail Holy Queen, Prayer to St. Michael Archangel** and **Let Us Pray**. (see page 2)

Pray the **Joyful Mysteries** every Monday and Saturday:

- The Annunciation
- The Visitation
- The Nativity
- The Presentation of the Child Jesus in the Temple
- The Finding of the Child Jesus in the Temple

Pray the **Sorrowful Mysteries** every Tuesday and Friday:

- The Agony in the Garden
- The Scourging at the Pillar
- The Crowning with Thorns
- The Carrying of the Cross
- The Crucifixion

Pray the **Luminous Mysteries** on Thursday:

- The Baptism in the Jordan
- The Wedding at Cana
- The Proclamation of the Kingdom of God
- The Transfiguration
- The Institution of the Holy Eucharist

Pray the **Glorious Mysteries** every Wednesday and Sunday:

- The Resurrection
- The Ascension
- The Descent of the Holy Spirit
- The Assumption of the Blessed Virgin Mary
- The Coronation of the Blessed Virgin Mary as Queen of Heaven

Prayers

The Sign of the Cross: In the name of the Father and of the Son and of the Holy Spirit. Amen.

The Apostles' Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The "Glory be": Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Our Father: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Hail Holy Queen: Hail, holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious Advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Prayer to St. Michael Archangel (Pope Leo XII): St. Michael Archangel defend us in battle, be our protection against the wickedness and snares of the devil; may God rebuke him, we humbly pray; and do thou O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl through the world seeking the ruin of souls. Amen.

Let Us Pray: O God, whose only begotten Son, by His life, death, and resurrection has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise: through the same Christ our Lord. Amen.